



Healthy Food for All

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Healthy Food for All Newsletter – Vol 3 Issue 1 February 2009

Welcome to Healthy Food for All's newsletter. This newsletter is to act as an information resource for anyone interested in food poverty and the work of Healthy Food for All (HFfA). If you are holding any events, or have released any publications that you would like included in our next issue, please contact Joanna at info@healthyfoodforall.com.

Healthy Food for All News

A Good Practice Guide for School Food Initiatives (Republic of Ireland)

A *Good Practice Guide for School Food Initiatives* for the Republic of Ireland will be available spring 2009 in hard copy to all DEIS schools, as well to download on the HFfA's website (www.healthyfoodforall.com). The guide offers advice on school food programmes, how to provide school lunches, how to set up breakfast and after-school clubs, how to plan a school food initiative, as well as how to devise a Healthy School Food Policy, including introducing healthier snacks and lunchboxes, the provision of water in schools and school growing projects. If you would like us to consider your school food initiative as a case study for our on-line resource please contact Joanna at info@healthyfoodforall.com.

Toolkit on School Food Initiatives (Northern Ireland)

The Health Promotion Agency Northern Ireland are releasing a tool kit on *School Food: The Essential Guide* in Northern Ireland, which will be released in March 2009. Details can be found at <http://www.healthpromotionagency.org.uk>

A Good Practice Guide for Community Food Initiatives (All-island)

An all-island *Good Practice Guide for Community Food Initiatives* is nearing completion. The guide will offer advice on how to set up a Community Food Initiative, including funding, budgeting, staffing and evaluation, as well as offering advice on how to set up specific CFIs, such as a community café, a community food co-op, a farmers' market, a community food growing project, a breakfast club, an after-school club, a healthier school club and/or nutrition education and training. If you are currently involved in a community food initiative and would like your project to be considered as a case study in the guide, please contact Joanna at info@healthyfoodforall.com.

Demonstration Programme on Community Food Initiatives

An all-island Demonstration Programme on Community Food Initiatives, funded by **safefood**, is to be established this year, with the application process currently under review. Five to seven Community Food Initiatives will be funded for three years with the aim of identifying/creating models of best practice. There will be a strong emphasis on shared learning and networking between the projects. The lessons learnt from the selected projects will also be used to inform and support policy initiatives in relation to food poverty.

HFfA All-island Community Food Initiatives Directory

If you are currently running a Community Food Initiative and would like to be included in our on-line Community Food Initiatives Directory please fill out the form below and return to info@healthyfoodforall.com.

Tackling Food Poverty Conference, 05 Nov 2008, Dundalk

safe food showcased the results of two of their funded projects:

1. Decent Food for All – Food Poverty and Obesity: A Broader Approach for a more Balanced Diet (Dr. Kevin Balanda, Institute of Public Health)
2. Diet, Nutrient Intake and Attitudes among Disadvantaged Groups on the island of Ireland (Dr. John Kearney & Dr. Dan McCartney, Dublin Institute of Technology).

The reports above, as well as the presentations from the conference (including HFfA's Chair Deirdre O'Connor's presentation), are now available at:

www.safe food.eu/en/Professional/Events/Tackling-Food-Poverty/

All-Ireland Obesity Observatory

The Institute of Public Health in Ireland (IPH), the HRB Centre for Health and Health Research (UCC/UCD) and the Centre of Excellence for Public Health (QUB) are planning to establish an all-Ireland obesity observatory within the IPH. In November 2008 they held two workshops (Dublin & Belfast) to gather input from policy makers, clinicians and other practitioners about how the obesity observatory can best contribute to efforts to tackle obesity on the island. For more information contact Dr Kevin Balanda, Associate Director, IPH at Kevin.Balanda@publichealth.ie.

EU School Fruit Scheme

Last year HFfA held a roundtable discussion to contribute to the discussion on the proposed EU School Fruit scheme. In November 2008 an EU Fruit Scheme was introduced by EU Agriculture Ministers. Children, mainly between the ages of 6-10, will receive free fruit and vegetables in schools, starting from the next school year 2009/2010. €90 million has been allocated by the EU, and the amount of money allocated to each Member State will depend on how many 6-10 year olds are in each Member State. Member States who wish to participate will need to seek co-finance from national or industry funds. The EU Commission are to provide a list of eligible produce for the scheme. For more information see:

<http://www.irishfoodboard.com/industryservices/alerts/pages/EUschoolfruitschemetotackleObesityinchildren.aspx>

EU POLMARK study on Policy Options for Marketing of Food and Beverages to Children

The Irish Heart Foundation has just carried out interviews with key stakeholders on their views on marketing controls on food and beverage high in fat, sugar and salt for children. The results will be written up in a report that will be submitted to the EU, as part of the POLMARK study on policy options for marketing of food and beverages to children, co-funded by the European Union under the Public Health Programme. For more information please contact Maureen Mulvihill, POLMARK Project Coordinator Ireland at +353 (0)1 668 5001.

HFfA Newsletter Subscription

You can receive HFfA's newsletter direct to your inbox by subscribing on the HFfA website www.healthyfoodforall.com.

If you would like to unsubscribe from this mailing, please send an email to Joanna at info@healthyfoodforall.com.

Contact Us

Joanna Wydenbach is the new project coordinator of Healthy Food for All. Please contact Joanna at info@healthyfoodforall.com or +353 (0)1 836 0011 if you have any questions in relation to Healthy Food for All or the items in this newsletter.

**Healthy Food for All's
All-island Community Food Initiatives Directory**

| | |
|---|--|
| Type of Initiative i.e. breakfast club, community café, farmers market | |
| Location (County) | |
| Title of Organisation | |
| Name of Contact Person | |
| Address | |
| Telephone Number | |
| Fax Number | |
| Email Address | |
| Website | |
| Brief summary about your organisation (max 250 words) | |

Data Protection Declaration

I agree to have details published by Healthy Food for All on their online web-based All-Ireland Community Food Initiatives Directory.

Signed _____

Date _____