

Healthy Food for All's Policy briefing on the affordability of healthy eating for low-income groups and relevant welfare policy issues for Budget 2010

Date: 20 October 2009

Venue: Buswells' Hotel, Molesworth Street, Dublin 2

Time: 12.00-13.00

Food poverty affects 15 per cent of the population, in particular those on low incomes. Inability to consume an adequate and nutritious diet has significant health implications, in particular heart disease, cancer and obesity. This policy briefing examined the affordability of a healthy diet for low-income families, drawing on a new scientific study by the Food Safety Authority of Ireland (FSAI). It suggested policies to make it easier to purchase a healthy diet, including welfare policies in the context of the McCarthy report and Budget 2010. Presentations were given by Dr Mary Flynn, Chief Specialist Public Health Nutrition, FSAI and Linda Scanlan, Northside Partnership. The briefing concluded with reference to the policy choices facing government in framing the welfare component of Budget 2010, in particular the McCarthy proposals for widespread welfare cuts.

A full copy of the policy briefing is available here (2009-10-20_TheAffordabilityOfHealthyEatingForLowIncomeGroups)

For a copy of the press release please click here (direct to Press Release page)