



Healthy Food for All

access | availability | affordability

February 2008 Newsletter

Welcome to the Healthy Food for All Newsletter

Consultation on Proposed EU Fruit Scheme

The EU Council on Agriculture and Rural Development is exploring the potential for a school fruit scheme in the context of the reform of the Common Market Organisation (CMO) for Fruit and Vegetables. The proposed school fruit scheme could meet important public health objectives, compliment existing school food initiatives targeting poorer children and support horticultural production. The consultation is now open for contributions from the interested public. Now is your opportunity to have a say!

HFfA will be making a submission to the commission on the proposed scheme. We will host a roundtable discussion on Tuesday 19th February to raise awareness about the consultation process. Guest speaker at the roundtable will be Dr. Elizabeth Dowler, sociologist, public health nutritionist and author of numerous studies on food and public health. The workshop will address the following issues from an Irish perspective:

- Discuss the European and Irish policy context for the proposed school fruit and vegetable scheme;
- Consider the various ways in which the scheme could be delivered;
- Identify how the scheme could best benefit children from low-income families.

All relevant information on a possible School Fruit Scheme can be found on the following webpage:

http://ec.europa.eu/agriculture/markets/fruitveg/sfs/public/index_en.htm

Health Impact Assessment Training

Health Impact Assessment is a practical methodology which explores how a policy, programme or project may affect the health of people. The Institute of Public Health is organising a HIA training course in Dublin from the 19th-21st May 2008. For further information on this course and to register, please visit

www.publichealth.ie/hia

Funding Opportunities

The Ray Murphy Fund

The Community Foundation for Ireland has set up a the Ray Murphy Fund to assist and encourage managers within the community and voluntary sectors to access leadership education and training. The fund will make grants available to build leadership within the community sector for the next 10 years. It will be particularly focused on senior management and key volunteers in the community, who wish to advance their management skills and training. The Community

Foundation will also arrange seminars around the country for grant winners to share their learning and skills with other community groups.

<http://www.communityfoundation.ie/Attachments/RAY%20MURPHY%20FUND%20APPLICATION%20PACK.doc>

The Community Foundation for Ireland - Small Grants Scheme

The Small Grants Scheme aims to assist projects working to respond to isolation and to develop a more diverse society. The Foundation will favour projects leading to the social inclusion of people and communities who are excluded by reason of geography, age, disability, family circumstances, poverty, gender or race.

<http://www.communityfoundation.ie/grants/>

New Publications

Review of Meals Services to Older People in the North West Inner City of Dublin. (Rourke, 2008)

The Council for Services to Older People commissioned this report as they had become concerned about meal service provision in the area. The report is a valuable source of information for short and long term planning for meal services in the area. The report is available on the HFfA website:

<http://www.healthyfoodforall.com/content/view/13/15/>

Using a Household Budget Survey to Measure Healthy Eating Patterns (CSO, 2008)

This study investigates the Household Budget Survey as a source of information on food consumption in Ireland and reviews the evidence in line with the recommendations of international dietary guidelines.

<http://www.ssi.ie/HBS%20and%20eating%20patterns.doc>

Website - New Case Studies

The website continues to be updated with case studies highlighting the fantastic community work throughout the country. So if you are interested in peer-led training in the midlands or would like to hear about the wealth of activity in Cork city visit:

<http://www.healthyfoodforall.com/content/blogcategory/24/31/>

If you would like your community food project to be profiled on the website send a mail to info@healthyfoodforall.com

Interesting Links

<http://well.blogs.nytimes.com/2008/01/15/the-farmers-market-effect/>

www.lovefoodhatewaste.com

www.ers.usda.gov/publications/err54